



Welcome to SAE & Associates' Current Newsletter!

SAE's newsletter provides information about interesting happenings in the world of health and human services, including new and exciting developments undertaken by SAE, and our clients.

SAE & Associates Training Workshops

Would you or someone you know be interested in attending a federal grant writing workshop, or an evidence-based practice workshop? Both workshops will be organized and run by SAE's qualified experts. Please [click here](#) and let us know!

Untapped Resources for Nonprofits

Could you use an experienced professional to develop client education materials for your agency?

Do you need an office manager to help create new administrative systems for your office to relieve your over-burdened staff?

Could you use a publicist to pitch news stories about your good work to the media?

[ReServe Inc.](#), a nonprofit agency founded in 2005, matches retired professionals with meaningful part-time employment opportunities. Agencies can interview prospective ReServists whose skills match an identified staffing need. Regardless of the skills and experience they offer, each ReServist can be funded for an average of \$10,000 a year, which covers their standard stipend for a 3 day/week placement. ReServists welcome the chance to use their professional skills and expertise in new ways and agencies benefit from high quality part-time employees at very low cost.

[ReServe](#) facilitates these working relationships by matching nonprofit agencies with experienced professionals aged 55 and older (known as Reservists), who can fill nearly any need, from administrative support to website design, strategic planning, public relations, HR, fundraising and training. Through this program more than 300 NYC nonprofit agencies are finding creative ways to stretch their budgets while maintaining or expanding the services they provide their communities.

[ReServe](#) helps nonprofits build capacity even during an especially difficult economic climate while at the same time; helping experienced professionals 55+ use their skills in new and meaningful ways. Most ReServists are retired and are looking to offer their skills through alternatives to traditional retirement or volunteer opportunities.

ReServists fill hundreds of roles in non-profits, including:

- Family engagement specialist
- Graphics designer
- Event planner
- Finance and accounting assistant
- Office Manager

The key to ReServe's model is the stipend that nonprofits pay ReServists, which makes the work valued and valuable. Nonprofits pay \$15 per hour, \$10, which is paid to the ReServist and \$5 covers taxes and administrative costs. To simplify the exchange, ReServe uses a third-party employer of record.

Last year, ReServe matched more than 300 Reservists who worked more than 112,680 hours and generated an estimated \$3 million in market value. To date, ReServe has made more than 1,000 matches.

To learn more, go to ReServe's website, www.reserveinc.org, or contact Scott Kariya, ReServe Program officer at (212) 792-6285, skariya@reserveinc.org.

Finally, to see ReServists in action [please click](#)

Columbia University's Drugs and Society Seminar

On January 19th, Dr. Jerry Carroll, in conjunction with Columbia Seminars, is hosting a lecture by Tristram Jones, Ph.D. on the topic of *"How Wounded The Healers: The Prevalence of Relapse among Counselors in Recovery."* Dr. Jones is a mental health therapist at Safe Harbor Counseling of Anne Arundel County, Maryland. The seminar will be held at the Columbia Law School Faculty Building, located at West 116th street, between Amsterdam Avenue and Morningside Heights. The entrance is located on West 116th Street on the west side of the street. No admission fee. If you have questions please contact Jerome F. X. Carroll, Ph.D. at jfxc4318@aol.com or 718-449-4278.

My HealthVet

My HealthVet is the Veterans Administration's award-winning online Personal Health Record. It offers veterans Internet access to VA health care - anywhere, anytime.

Launched nationwide in 2003, My HealthVet is the gateway to web-based tools that empower veterans to become active participants in their health care.

Key features include Mental Health Learning Tools, Online Screening Tools, Diseases + Condition Centers, VA Benefits & Services.

www.myhealth.va.gov

Neglected Warriors

On December 3rd the New York Times published an editorial, entitled *Neglected Warriors*. It highlighted the alarming increase in suicides among active soldiers since 2001. The article noted that there are an average of 53 suicides per year among patients at veterans' hospitals, plus an unknown number among the three out of four veterans who never use veterans' services. In a response to these alarming statistics Congress is moving forward to set up long delayed prevention measures.

To read this article in full, please [click here](#)